



A Culinary Adventure in Tuscany

Two Cooking Schools
and a Villa Vacation

Sharon Balmforth

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The Senior Traveler Series

ITALY

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Sharon Balmforth/The Senior Traveler Series
P.O. Box 898
Osterville, Massachusetts/02655-0898
writerondeadline@gmail.com

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Sharon Balmforth is a lifelong student, multimodal writer, and travel enthusiast. Her Senior Traveler Series recounts personal experiences on river and ocean cruises, rail trips, guided tours, and culinary adventures in the U.S.A. and abroad.

In 2012, my husband John and I took 46 cooking classes. In 2013, we decided to look for cooking schools in Italy. We chose two in Tuscany run by Tuscookany: the first at Torre del Tartufo near Arezzo, where we studied Italian cookery; the second at Casa Ombuto near Poppi, where we studied Spanish, Moroccan, and more Italian cookery. During a two-day break between courses, we sampled regional foods and wines during a stay at Villa Le Barone in Chianti, recommended to us by the coordinator of the cooking schools. If you love to cook, join us on this 15-day culinary adventure. It is one of our favorite vacations ever!

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