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Cooking Vacations in Europe

Dining on fresh, local food that has been cooked by your own two hands---in Europe, nonetheless---is a dream that draws many aspiring home chefs to cooking vacations on the continent. With a melange of regional cuisines packed into such a small area, Europe offers varied options to cook and travel at the

same time.

Oysters in France

Learn to cook new

foods in Europe

Purple Truffle

Purple Truffle is a Paris-based specialty trip organizer that has contacts throughout France and Italy. What makes the company so great is it can customize a trip for one or more, taking into account what they want to do on their vacation. Many regional chefs are included in the itineraries, which often specialize in

gastronomy and wine. For example, Purple Truffle can create a weeklong excursion to the northwest of France, where local dishes are known for their incorporation of oysters, crepes, and galettes. Local chefs here will welcome visitors into their homes and divulge their culinary secrets in special one-on-one cooking lessons. Learning to make Breton-style clams and garlic, custard cakes, and learning about homemade regional cheeses has never been so personal and fun.

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Greek cuisine in

Crete

Crete's Culinary Sanctuaries

Crete's Culinary Sanctuaries was developed in 1997 in order to help preserve the culture of Crete, an island that is part of Greece. The organization puts together travel programs that work with about 40 small-business owners in Crete, many of whom operate in rural areas and incorporate sustainable

practices in their kitchens and on their farms. The educational programs offered include cooking classes where seasonal dishes are taught to travelers. Seafood is particularly important in Crete and is likely to be included in the demonstrations. Sipping on local wine and tasting various olive oils during a six-day excursion, and learning to make dishes such as yogurt with wild honey, Greek horta, and a fava

bean puree make these culinary vacations unique and inspiring.

Crete's Culinary Sanctuaries Various locations throughout Crete +30-69-4822-6150

Italian Cookery Courses

cookingincrete.com

Tuscookany is a oddly-named, yet renowned cooking school offering excursions and lessons for travelers in two locations. The Italian Cookery Course offers accommodations in a lovely chateau and









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teaches students how to make traditional Tuscan cuisine. The Italian Mediterranean Course blends Italian, Spanish, French and Moroccan cuisine in its courses. Both are taught by local chefs. During class time, a variety of antipasto appetizers will be taught, such as bruchetta, and at the end of the vacation

Tuscan cuisine

students will have learned to cook at least one four-course Tuscan meal. When not cooking, students can take in the countryside with other vacationers and chill out by the pool or hot tub.

Casa Ombuto Larniano 21 52014 Poppi (AR) Italy

Torre del Tartufo Loc II Podere 56 52010 Chiavaretto (AR) Italy

888-722-6901 italiancookerycourse.com

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References

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