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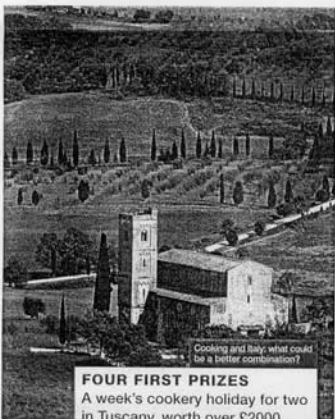
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GH competition

Win a cookery holiday in Tuscany



FOUR FIRST PRIZES

A week's cookery holiday for two in Tuscany, worth over £2000

FOUR RUNNER-UP PRIZES

A luxury weekend cookery break in the UK, worth over £1000

If jetting off for a cookery week in an Italian villa appeals to you, put your creative culinary skills to the test – we have over £14,000 worth of holidays from Heinz to be won



We've teamed up with Heinz Sandwich Fillers, the versatile alternative to traditional sandwich ideas, to offer you and a friend the chance to indulge your passion for food with a relaxing, all-expenses-paid cookery holiday in Tuscany. You'll stay in a superb villa and, as well as hands-on tuition from a top Italian chef, there'll be plenty of cultural excursions to explore the stunning countryside. Four runners-up will spend a delightful weekend in a luxury 17th-century corn mill near Swansea, enjoying expert culinary tuition and a feast of fabulous food. For the chance to win, simply create a tasty, innovative idea for a sandwich recipe – it can be anything you like – then fill in the entry form below.

There are five varieties of Heinz Sandwich Fillers – ham, chicken, tuna and sweetcorn, prawn and chicken tikka – each containing crunchy salad vegetables for extra taste. Keep a selection handy in the cupboard and, when open, store them in the fridge to retain freshness. The fillings are also excellent served with baked potatoes or mixed with pasta.

If you'd like to receive a free Heinz Getting Creative With Sandwiches recipe booklet, write to Heinz Sandwich Fillers, PO Box 57, Diss, Norfolk IP98 1HH.

ENTRY FORM

How to enter Send your sandwich recipe (on A4 paper) with this form, along with illustrations or photos if you wish, to GH Heinz, 72 Broadwick Street, London W1V 2BP by 31 August 2001

SURNAME _____ INITIALS _____ Mrs/Miss/Ms/iv
ADDRESS _____

POSTCODE _____ DAYTIME TEL NO _____

Data protection Occasionally, The National Magazine Company Ltd may receive correspondence relating to carefully selected competitions. If you do prefer not to receive such mailings, please tick box 1 if you are a Good Housekeeping subscriber, 1 or 2 if regular buyers and/or 1 or 2 if you are a prize winner.

Rules of entry Entrants must be 18 or over, living in the UK or Northern Ireland, and may not include one entry. The competition is not open to employees of the National Magazine Company or Heinz. Entrants must provide their name in full, their address and telephone number and be willing to have their name published and be interviewed if necessary. Any other approaches by companies requesting prize are not connected with GH. Winners will be notified personally, on GH headed paper. The judges' decision is final and no correspondence will be entered into. The closing date is 31 August 2001. First prize winners must be available to travel on 11 May 2002 and be able to get to Swansea airport for each on 4 May. Runners up must be available from 17-19 May 2002 and be able to get to Swansea. All cash alternatives will be offered and the prize is not for resale, cannot be transferred or taken out on other date.

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