

## Going Solo: 6 trips for lone travellers

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The number of people choosing to travel alone has increased phenomenally in the last ten years, leading to an explosion of companies offering 'Singles Holidays'.

Why? The thrill of the unknown, the independence, and the freedom of being able to see whatever you want, whenever you want.

Don't be daunted by the idea of going it alone. There are hundreds of options for single travellers and with one of these top spots, you're guaranteed to have a great time and make new friends.



### 1. Foodies Retreat- Tuscany, Italy

This holiday offers a fantastic opportunity not only to see beautiful Italy but to learn how to cook the country's exquisite cuisine. Join a group of like-minded people for a wonderful week at Casa Ombuto, a recently restored Tuscan villa set in a stunning and tranquil location in the hills of the Casentino valley, some 50km south of Florence.

Three rivers flow through the property making it an ideal location for walks, picnics or swimming in the rivers. Guests can spend their free time around the estate or pool or take in some of the world famous historical sites in the area. The heated swimming pool with Jacuzzi, is a perfect way to relax after a hard days cooking.

Unlike many singles holidays, you will meet new people effortlessly as you immediately become part of a mixed group of up to 14 students from many different countries and walks of life. You will spend an unforgettable week together immersed in the culture and lifestyle of Tuscany and learn to cook authentic Italian dishes in an informal, friendly environment.

Learn the passion of the Italian kitchen, while at the same time making new friends and having fun along the way.

Cost: £1,500 incl. 8 nights accommodation, cookery course and meals

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