



Italian Vacations for Singles

TRAVEL TIPS(/)

Sandi Hoffman, Leaf Group



Some singles hesitate to take vacations because the thought of being alone in a faraway place makes them uncomfortable. If you are one of these people, you might consider a holiday specifically designed for singles. You can combine your trip to to [Italy\(https://www.tripadvisor.com/Search?q=italy\)](https://www.tripadvisor.com/Search?q=italy) with a hobby, or simply explore the country with new friends. The Tuscan countryside, the shores of Sicily and other intriguing destinations can satisfy your travel bug.

Sicily is one of the destinations you can choose for your vacation.

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Pilates in Italy

Pilates is an exercise program that is easy on joints and appropriate for all age groups. The Pilates in Italy vacation combines classes and free time that are both devised for relieving everyday tensions. You can select a Tuscan holiday or a vacation in Sicily. Whichever you select, your historic villa welcomes you to private grounds with pools to satisfy your need for relaxation. In addition, each day your professional instructor will fulfill your inner need for exercise, strength and flexibility. Best Single Travel 6510 E Ashler Hills Cave Creek, AZ 85331 877-848-7477 [bestsingletravel.com\(http://bestsingletravel.com\)](http://bestsingletravel.com)

Italian Cookery Course

A luxurious villa in Tuscany is beckoning to you if you are single and would love to learn Italian cooking techniques. Not only do you stay in stylish accommodations in a luxurious villa but you also share experiences with fellow singles from all over the world. Make gnocchi and learn how to roll your own pasta dough. Every day your lesson includes instruction for a four-course meal and the experience of enjoying the food and Italian wines with new friends. Casa Ombuto Larniano 21 52014 Poppi (AR) Italy 888-722-6901 italiancookerycourse.com

Southern Italy Tour

When you arrive in the town of Benevento, you feel like you have traveled back in time to an ancient village. On the way to Amalfi, tour a well-preserved Roman theater and visit the Church of Saint Sofia, which was built in the Middle Ages. The tour takes you through Sant'Agata de'Goti, where you can wander into the corners of this small hamlet, absorb the history and taste some wine in one of the oldest family-owned wineries in the area. As you travel down the Amalfi Coast, savor Italy at its best. A cooking class is among the many activities planned on this nine-day adventure. Best Single Travel 6510 E Ashler Hills Cave Creek, AZ 85331 877-848-7477 bestsingletravel.com

Painting Vacation in Tuscany or Sicily

Painting in Italy is the activity; you just need to choose either the colorful island of Sicily or the historic Tuscan countryside to serve as your "home away from home" for seven days. Whether you are an expert painter or a novice, all levels are appropriate for the trip. Each day you will attend classes with an international artist who can help you spark your creativity. The vacation is a perfect combination of learning, painting and experiencing the beauty of Italy. Best Single Travel 6510 E Ashler Hills Cave Creek, AZ 85331 877-848-7477 bestsingletravel.com



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